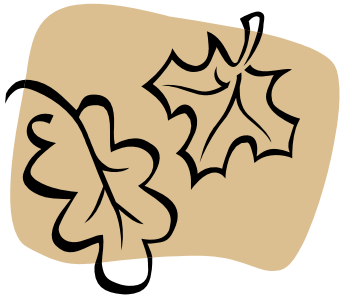
Smith Vocational and Agricultural High School's 5K Race & Walk

Sponsored by the SVAHS Wellness Team & Athletics
Proceeds benefit Smith Vocational Athletics and Health Promotion

October 13th 2012



Registration Starts at 9:30 AM
Runners Start: 10:30 AM Walkers Start: 10:00 AM

****No Dogs or Strollers****

Pre-registration: $10
Race Day: $15
Student (18 and younger): $5

5k is a 2 Loop Course beginning and ending At Northampton Community Gardens/Burts Pit Rd. (Grants XC Course)

For more Information contact:
Akara Holder at holdera@svahs.net
or
587-1414 ext. 3543 (Tricia Dandrea)

Mail Entries to:
Akara Holder C/O Smith Vocational & Agricultural High School 80 Locust St Northampton, MA 01060

Name:_____Age:___M/F

Address:_____

Email:_____

Please Circle One:

Run **Walk**

LIABILITY WAIVER

I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with running/walking in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road and/or trail, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Smith Vocational & Agricultural High School and its members, and all sponsors, their representatives, and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I have read the liability waiver and understand the inherent risks with this activity. I certify that I am 18 years of age or older, or that I am the Parent/Guardian of the entrant and am granting permission for him/her to participate.

_____

Signature Date Parent Signature (if under 18 yrs. old) Date

_____

Printed Name Parent's Printed Name